

ABOUT THE FILM

No Room To Grieve is the fourth and final piece created for our Ontario Nurses Association (ONA) awareness campaign. Highlighting the violence experienced by frontline workers, the first three videos explored topics ranging from aggravated assault, hostile work environments, to the physical aftermath every nurse endures just to provide care.

We knew we wanted to end the campaign with PTSD, but to authentically cover such a major topic, we needed more than 30 seconds - instead, we fleshed it out into a visceral, five minute short film.

Post-Traumatic Stress Disorder (PTSD) is something that varies from person to person, situation to situation, it can transform a relaxing shower into a dissociative episode. Before long, it becomes difficult to differentiate one's traumatic memory from their immediate reality.

To portray an authentic representation of such a complex mental health condition, the film's structure, style, and techniques were built around symptoms caused by PTSD.

Depersonalization-derealization disorder occurs when a person repeatedly observes themselves from out of their own body, watching the memory unfold with no power or influence over the trauma.

PRODUCTION CREDITS

Director / Writer / Editor / Cinematographer - Jendo Shabo

Producer - Susan Sommerdyk

Associate Producer - Michael Krym

Music - Andrew Segun & Marcello Morle

Starring Samantha Lillian

Liam Roberts

Jo-Dee Brown

Kathy Roberts

Kitu Turcas

Carol LeClair

Sandy Kravets

Peter McLeod

Shawn May

Ryan Cloutier

Makeup - Melissa-Rae Windover

On Set Photographer - Rachel Fitzgerald

Sound Designer - Jendo Shabo

Sound Recordist - Jendo Shabo, Marcello Morle, Stiven Agoubi

Production Assistants - Maya, Stiven Agoubi, Angelo Morle

Production Company - Helios Films

ABOUT HELIOS FILMS

Helios Films exists to create uniquely striking video content for every story life has to tell.